

Gratitude Level Up

IT PAYS TO BE GRATEFUL

- Gratitude rewires our brains for joy
 1. Start scanning for the good
- Gratitude on a higher level is connected to our faith
 1. Thanking God for what we don't see and feel (*Colossians 2:6-7 NKJV*)

HIGH LEVEL GRATITUDE FROM A KING

- Jehoshaphat had a genuine heart for God (*2 Chronicles 17:3-6 NLT*)
 1. He lived a life that God honored
 2. Everyone can have a heart for God (*1 Timothy 4:8 NKJV*)
- Jehoshaphat received a promise from God (*2 Chronicles 20:12-18 NLT*)
 1. God promised to be with them and help them
 2. Jehoshaphat worshipped and gave thanks to God - for that promise
 3. We have been given promises from God - that we can give thanks for (*Hebrews 13:15 NKJV*)
- Jehoshaphat expressed gratitude before they saw the promise fulfilled
 1. Jehoshaphat encouraged the people to believe (*2 Chronicles 20:20-24 NLT*)
 2. We believe and give thanks before we see the promises fulfilled (*Romans 4:20 NKJV*)