

Healing Class – Overcoming Hinderances To Our Faith  
February 24, 2026

**Hebrews 11:1 (AMP)**

*Now faith is the assurance (title deed, confirmation) of things hoped for (divinely guaranteed), and the evidence of things not seen [the conviction of their reality—faith comprehends as fact what cannot be experienced by the physical senses].*

**Hebrews 11:6 (CSB)**

*Now without faith it is impossible to please God, since the one who draws near to him must believe that he exists and that he rewards those who seek him.*

**Six Hinderances To Our Faith**

**I. DOUBT**

**James 1:6–7 (NKJV)**

*But let him ask in faith, **with no doubting**, for he who doubts is like a wave of the sea driven and tossed by the wind. <sup>7</sup>For let not that man suppose that he will receive anything from the Lord;*

**Psalms 91:10 (AMP)**

*And those who know Your name [who have experienced Your precious mercy] will put their confident trust in You, For You, O LORD, have not abandoned those who seek You.*

**Mark 9:24 (AMP)**

*Immediately the father of the boy cried out [with a desperate, piercing cry], saying, “I do believe; help [me overcome] my unbelief.”*

**Romans 10:17 (AMP)**

*So faith comes from hearing [what is told], and what is heard comes by the [preaching of the] message concerning Christ.*

**Psalms 77:11-12 (AMP)**

*I will [solemnly] remember the deeds of the LORD; Yes, I will [wholeheartedly] remember Your wonders of old. I will meditate on all Your works and thoughtfully consider all Your [great and wondrous] deeds.*

**II. FEAR**

**Luke 8:50 (AMP)**

*But Jesus, hearing this, answered him, “Do not be afraid any longer; only believe and trust [in Me and have faith in My ability to do this], and she will be made well.”*

**2 Timothy 1:7 (AMP)**

*For God did not give us a spirit of timidity or cowardice or fear, but [He has given us a spirit] of power and of love and of sound judgment and personal discipline [abilities that result in a calm, well-balanced mind and self-control].*

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**Isaiah 41:10 (AMP)**

*For God did not give us a spirit of timidity or cowardice or fear, but [He has given us a spirit] of power and of love and of sound judgment and personal discipline [abilities that result in a calm, well-balanced mind and self-control].*

**Psalms 56:3-4 (AMP)**

*When I am afraid, I will put my trust and faith in You. In God, whose word I praise; In God I have put my trust; I shall not fear. What can mere man do to me?*

**Joshua 1:9 (AMP)**

*Have I not commanded you? Be strong and courageous! Do not be terrified or dismayed (intimidated), for the LORD your God is with you wherever you go.”*

**III. UNBELIEF**

**Hebrews 3:12-19 (AMP)**

*Take care, brothers and sisters, that there not be in any one of you a wicked, unbelieving [a]heart [which refuses to trust and rely on the Lord, a heart] that turns away from the living God. <sup>13</sup> But continually encourage one another every day, as long as it is called “Today” [and there is an opportunity], so that none of you will be hardened [into settled rebellion] by the deceitfulness of sin [its cleverness, delusive glamour, and sophistication]. <sup>14</sup> For we [believers] have become partakers of Christ [sharing in all that the Messiah has for us], if only we hold firm our newborn confidence [which originally led us to Him] until the end, <sup>15</sup> while it is said,*

*“TODAY [while there is still opportunity] IF YOU HEAR HIS VOICE,  
DO NOT HARDEN YOUR HEART, AS WHEN THEY PROVOKED ME [in the rebellion in the desert at Meribah].”*

*<sup>16</sup> For who were they who heard and yet provoked Him [with rebellious acts]? Was it not all those who came out of Egypt led by Moses? <sup>17</sup> And with whom was He angry for forty years? Was it not with those who sinned, whose dead bodies were scattered in the desert? <sup>18</sup> And to whom did He swear [an oath] that they would not enter His rest, but to those who disobeyed [those who would not listen to His word]? <sup>19</sup> So we see that they were not able to enter [into His rest—the promised land] because of unbelief and an unwillingness to trust in God.*

**Mark 6:5-6**

*And He could not do a miracle there at all [because of their unbelief] except that He laid His hands on a few sick people and healed them. <sup>6</sup> He wondered at their unbelief. And He was going around in the villages teaching.*

**Hebrews 3:12-13 (AMP)**

*Take care, brothers and sisters, that there not be in any one of you a wicked, unbelieving [a]heart [which refuses to trust and rely on the Lord, a heart] that turns away from the living God. <sup>13</sup> But continually encourage one another every day, as long as it is called “Today” [and there is an opportunity], so that none of you will be hardened [into settled rebellion] by the deceitfulness of sin [its cleverness, delusive glamour, and sophistication].*

**John 8:44 (AMP)**

*You are of your father the devil, and it is your will to practice the desires [which are characteristic] of your father. He was a murderer from the beginning and does not stand in the truth because there is no truth in him. When he lies, he speaks what is natural to him, for he is a liar and the father of lies and half-truths.*

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**Romans 10:17 (AMP)**

*So faith comes from hearing [what is told], and what is heard comes by the [preaching of the] message concerning Christ.*

**Hebrews 10:24-25 (AMP)**

*and let us consider [thoughtfully] how we may encourage one another to love and to do good deeds, <sup>25</sup> not forsaking our meeting together [as believers for worship and instruction], as is the habit of some, but encouraging one another; and all the more [faithfully] as you see the day [of Christ's return] approaching.*

**IV. UNFORGIVENESS**

**(Mark 11:22-26 (AMP))**

*Jesus replied, "Have faith in God [constantly]. <sup>23</sup> I assure you and most solemnly say to you, whoever says to this mountain, 'Be lifted up and thrown into the sea!' and does not doubt in his heart [in God's unlimited power], but believes that what he says is going to take place, it will be done for him [in accordance with God's will]. <sup>24</sup> For this reason I am telling you, whatever things you ask for in prayer [in accordance with God's will], believe [with confident trust] that you have received them, and they will be given to you. <sup>25</sup> Whenever you stand praying, if you have anything against anyone, forgive him [drop the issue, let it go], so that your Father who is in heaven will also forgive you your transgressions and wrongdoings [against Him and others]. <sup>26</sup> [But if you do not forgive, neither will your Father in heaven forgive your transgressions.]"*

**EPHESIANS 4:26-27 (AMP)**

*BE ANGRY [at sin—at immorality, at injustice, at ungodly behavior], YET DO NOT SIN; do not let your anger [cause you shame, nor allow it to] last until the sun goes down. <sup>27</sup> And do not give the devil an opportunity [to lead you into sin by holding a grudge, or nurturing anger, or harboring resentment, or cultivating bitterness].*

**Romans 12:19 (AMP)**

*Beloved, never avenge yourselves, but leave the way open for God's wrath [and His judicial righteousness]; for it is written [in Scripture], "VENGEANCE IS MINE, I WILL REPAY," says the Lord.*

**Matthew 5:44 (AMP)**

*But I say to you, love [that is, unselfishly seek the best or higher good for] your enemies and pray for those who persecute you,*

**Romans 12:14 (AMP)**

*But I say to you, love [that is, unselfishly seek the best or higher good for] your enemies and pray for those who persecute you,*

**Ephesians 4:32 (AMP)**

*Be kind and helpful to one another, tender-hearted [compassionate, understanding], forgiving one another [readily and freely], just as God in Christ also forgave you.*

**V. UNCONFESED OR WILLFUL SIN**

**Psalm 66:18 (AMP)**

*If I regard sin and baseness in my heart [that is, if I know it is there and do nothing about it],  
The Lord will not hear [me];*

**Hebrews 12:1 (AMP)**

*Therefore then, since we are surrounded by so great a cloud of witnesses [who have borne testimony to the  
Truth], let us strip off and throw aside every encumbrance (unnecessary weight) and that sin which so  
readily (deftly and cleverly) clings to and entangles us, and let us run with patient  
endurance and steady and active persistence the appointed course of the race that is set before us,*

**Proverbs 28:13 (AMP)**

*He who conceals his transgressions will not prosper, but whoever confesses and turns away from his sins will find  
compassion and mercy.*

**1 John 1:9 (AMP)**

*If we [freely] admit that we have sinned and confess our sins, He is faithful and just [true to His own nature and  
promises] and will forgive our sins and cleanse us continually from all unrighteousness [our wrongdoing,  
everything not in conformity with His will and purpose].*

**Romans 6:12-14 (AMP)**

*Therefore do not let sin reign in your mortal body so that you obey its lusts and passions. <sup>13</sup> Do not go on offering  
members of your body to sin as instruments of wickedness. But offer yourselves to God [in a decisive act] as those  
alive [raised] from the dead [to a new life], and your members [all of your abilities—sanctified, set apart] as  
instruments of righteousness [yielded] to God. <sup>14</sup> For sin will no longer be a master over you, since you are not  
under Law [as slaves], but under [unmerited] grace [as recipients of God's favor and mercy].*

**Matthew 5:29-30 (AMP)**

*If your right eye makes you stumble and leads you to sin, tear it out and throw it away [that is, remove yourself  
from the source of temptation]; for it is better for you to lose one of the parts of your body, than for your whole  
body to be thrown into hell. <sup>30</sup> If your right hand makes you stumble and leads you to sin, cut it off and throw it  
away [that is, remove yourself from the source of temptation]; for it is better for you to lose one of the parts of  
your body than for your whole body to go into hell.*

**Galatians 5:16 (AMP)**

*But I say, walk habitually in the [Holy] Spirit [seek Him and be responsive to His guidance], and then you will  
certainly not carry out the desire of the sinful nature [which responds impulsively without regard for God and  
His precepts].*

**VI. LACK OF THE WORD OF GOD**

**Hosea 4:6 (AMP)**

*My people are destroyed for lack of knowledge [of My law, where I reveal My will].*

**Matthew 4:4 (AMP)**

*But Jesus replied, "It is written and forever remains written, 'MAN SHALL NOT LIVE BY BREAD ALONE, BUT BY EVERY WORD THAT COMES OUT OF THE MOUTH OF GOD.'"*

**Psalms 1:2-3 (AMP)**

*But his delight is in the law of the LORD, And on His law [His precepts and teachings] he [habitually] meditates day and night. And he will be like a tree firmly planted [and fed] by streams of water, which yields its fruit in its season; Its leaf does not wither; And in whatever he does, he prospers [and comes to maturity].*

**Joshua 1:8 (AMP)**

*This Book of the Law shall not depart from your mouth, but you shall read [and meditate on] it day and night, so that you may be careful to do [everything] in accordance with all that is written in it; for then you will make your way prosperous, and then you will be [and] successful.*

**Psalms 119:11 (AMP)**

*Your word I have treasured and stored in my heart, That I may not sin against You.*

**ALWAYS REMEMBER**

**1 John 5:4 (AMP)**

*For everyone born of God is victorious and overcomes the world; and this is the victory that has conquered and overcome the world—our [continuing, persistent] faith [in Jesus the Son of God].*