

CHARTING YOUR COURSE FOR THE YEAR

THE PROMISE FOR THE YEAR

- Things we can count on
 1. Things we do not expect - both positive and negative
 2. Situations that try our faith and strength
 3. Opportunities to grow personally
 4. Opportunities to improve relationships
- What we can control
 1. We will not be able to control every event/situation for the year
 2. We can control our responses
- An important key to controlling responses and charting a course for the year
 1. We'll have to guard/protect our heart/inner life (***Proverbs 4:23 NLT***)
 2. What is in us will come out of us

HOW WE CAN GUARD OUR HEART

- Recognize the value of God's Word (***Psalms 119:72 NKJV***)
 1. Give it a high appraisal
 2. Jesus said His words were spirit and life (***John 6:63 NKJV***)
- Respond to God's high-value word (***Proverbs 4:20-22 NKJV***)
 1. Give God's Word your attention
 2. Have ears to hear
 3. Not departing from your eyes
 4. Keep them in the midst of your heart

PRACTICAL WAYS TO GUARD/PROTECT YOUR HEART/INNER LIFE (WOW METHOD)

- W: Words (***Proverbs 4:24 NKJV***)
 1. Put a valuation on your words
 2. Avoid toxic words (***Ephesians 4:29 NKJV***)
- O: Observation = Focus (***Proverbs 4:25 NKJV***)
 1. Focus on the things that will help you
 2. Focus will also include your thoughts/mindset (***Romans 8:6 NKJV***)
- W: Walk = Conduct, way of life (***Proverbs 4:26-27 NKJV***)
 1. The way we live impacts our heart
 2. Place a higher value on your time (***Ephesians 5:15-16 CSB***)