

A SENSE OF SECURITY

LIVING IN A THREATENED STATE

- When we don't feel secure
 1. Fight or Flight
 2. Freeze or Fawn
- The counter to feeling insecure
 1. Believing you are safe and loved
 2. Directly connected to what you believe about God
 3. We can learn from those with divine insight (***Psalms 86:15-17 NLT***)

WHEN THE DISCIPLES LOST ALL SENSE OF SECURITY (***Mark 4:35-41 NLT***)

- They did not believe in the power of Jesus' words
 1. Everything He said came to pass
 2. His idea was to cross over - His idea, His command, Solid truth
- The disciples did not believe they were safe or loved
 1. They encountered a dangerous storm
 2. They believed they were going to drown
 3. They accused Jesus of not caring - you don't love us
- Jesus addressed their faith, not their character
 1. He did not call them weak or cowardly
 2. Questioned why they did not believe

GAINING A GREATER SENSE OF SECURITY

- This is an area you can grow in
 1. Spiritual growth is the only unlimited part of your life
 2. Adopt a spiritual growth mindset (***2 Thessalonians 1:3 NLT***)
- Become intentional in believing two things
 1. Believing you are going to make it - safe with God (***Psalms 118:7 NLT***)
 2. Believing God cares about you - you are loved by God (***1 John 4:16 NLT***)
- Two key areas that produce change (***Psalms 19:14 NLT***)
 1. Words you speak
 2. Thoughts you consistently think - change your thoughts, change your life